

# The Belief Circle™

The Belief Circle™ worksheet visually represents the spectrum of our knowledge and awareness. Divided into six sections, it reminds us of the complexity of our beliefs and understanding. From our intuitive insights to the stories we make up, the knowledge we possess, and even the things we may know but choose to ignore, it reveals the vastness of our intellectual landscape. And within the expansive half of the pie lies the realm of the unknown, representing the endless possibilities and discoveries that await us. The Belief Circle™ prompts us to explore and expand our understanding, challenging us to embrace curiosity and remain open to new perspectives.

